

Long Beach Track and Field 4nd Annual Steeple Fest

Wednesday May 13th, 2020



Location: Long Beach Middle School

Contacts: Greg Milone (Meet Director)
gmilone@lbeach.org or 516-897-2046

Time: 4:30 PM

Clerking: 4:15 PM

Seeding: Verbal seeding

Awards: Top 4 in every event

Event Information

- **The pole vault will start at 6' for girls and 8' for boys**
- **Two pits will be used in the long and triple jump simultaneously**

Entry Fees: \$75 per team. Cost of officials will be split among Section VIII teams entered.

Entry Due: Please return entry by May 8th, 2020

Mr. Arnold Epstein (Athletic Director)

Long Beach H.S.

322 Lagoon Dr. West

Lido Beach, NY 11561

Fax # 516-897-2061

Order of Events

Running-4:30 start

1. Girls JV 1500m Steeple
2. Girls Varsity 2000m Steeple
3. Boys JV 2000m Steeple
4. Boys Varsity 3000m Steeple

Field-4:30 start

- Girls Pole Vault will begin at 4:30 followed by boys
- Boys and Girls Long Jump will begin at 4:30 followed by Triple Jump
- Boys Shot/Girls Discus followed by Boys Discus/Girls Shot
- Girls High Jump followed by boys

Entry

Please note this is an entry fee not a participation fee.

School Name _____ Boys / Girls / Both (please circle)

Coach _____ E-mail _____ Phone _____

Boys Team \$75 _____

Girls Team \$75 _____

Total _____

Send to:

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